



Chuck McMahon Memorial Masters USATF San Diego Association Championship Track & Field Meet



Hosted by San Diego Senior Olympics
San Diego Track Club, and USATF
Saturday, June 26, 2004, 7:00 a.m.
Westview High School Poway California

• More information and on-line registration (after 4/26/04) find us at:
• www.sandiegousatf.org
• or
• www.sdseniorgames.org

- FACILITIES:** Brand new, fast all weather track. All jumps have runways. 3/16" pyramid spikes required (will be enforced). Free parking adjacent to track.
- ENTRY FEE:** \$20 registration fee plus \$5 per event entered.
- AGE:** Open to all Athletes 30+ years. Volunteers needed as well!!!
- PRE-REGISTRATION:** All events DEADLINE postmarked by 6/15, late entry \$10 after 6/15, day of event late fee additional \$5 if space is available.
- ORDER OF EVENTS:** First event begins at 7:00 am. Women first - oldest to youngest in 5 year age groups for ages 30 & up. Races may be combined at meet director's discretion. (If there are not enough competitors to run heats, the final will be run at the scheduled time.)
- AWARDS:** MEDALS to first three registered competitors in each age group. Must be a USATF member to be eligible for Association Championship awards. USATF membership info available at www.sandiegousatf.org or 619 275 6542. The top USATF finisher will receive championship award at the annual Association USATF awards banquet.
- DIRECTIONS:** FROM I-15 TAKE TED WILLIAMS/56 WEST EXIT CAMINO DEL SUR TURN RT ONTO CAMINO DEL SUR, HIGH SCHOOL IS ON LEFT...13500 CAMINO RUIZ, SD 92129. PARKING ON SITE

Name _____ Circle One M/F As of 6/26/04 Age _____ Birthdate MO / DAY / YEAR / / /

Address _____ Phone Number/(evening): () _____

City/State/ZIP _____ E-Mail Address: _____ USATF # _____

EVENTS ENTERED

Track Events (approx. times)

Field Events (approx. times)

- 7 am 5000m Racewalk 10 am 80/100/110m Hurdles
- 8 am 5000m Run 1500m
- 1500m Racewalk (Expert) 400m
- 1500m Racewalk (Novice) 100m
- 1:30pm 300m/400m Hurdles
- 50m
- 800m
- 200m

- 8 am Hammer (offsite at UCSD)
- 9 am Pole Vault
- High Jump
- Discus
- 10 am Long Jump
- Triple Jump
- 1 pm Shot Put
- 3 pm Javelin

Fees enclosed: Registration Fee: \$20.00 _____

(number of events x \$5 per event): _____

Late Fee (postmarked after 6/21): \$10.00 _____

Day of Event Fee: \$ 5.00 _____

Total amount enclosed: \$ _____

Make check payable & mail to:
SDSSF
P.O. Box 84202
San Diego, CA 92138-4202
For information call: (619) 226-1324
Fax (619) 226-1304
Email: info@sdseniorgames.org

WAIVER: In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors and administrators, waive and release forever any and all rights, claims or damages I may accrue against USA Track and Field, City of Poway and City of Poway Unified School District, Westview High School, San Diego Senior Sports Festival, University of California Regents, University of California San Diego, SDTC and all sponsors of this meet, their successors, representatives and assigns, for any and all injuries suffered by me while traveling to and from the meet and while competing in the meet.

SIGNATURE: _____ DATE _____